

Speldhurst News

May 2025

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Welcome & Contents



Dear Readers,

Welcome to the May issue and, whatever the weather, we can all appreciate the beauty of Spring around us here in Speldhurst. We are so fortunate to live amongst such stunning countryside and a walk around us costs nothing but is priceless!

Please look out for detailed updates about our community developments inside and this month's range of events and activities. We like to think of the magazine as something that is yours so please get in touch if you would like to feature an activity, an event, a favourite charity you are supporting, a new idea for a feature or simply your favourite recipe...as we'd like to keep the magazine fresh and reflecting our community.

Best wishes, Maria

News Editors: Maria Turner, Andrea Burgess & Judith Malim Please send emails <u>before 10th May 2025 for the June Issue</u> to: speldhurst.news@gmail.com. Word, Publisher or pdf files preferred.

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SPELDHURST NEWS endeavours to include articles in addition to village, church and chapel news. These are taken in good faith and without prejudice; therefore the committee will not be held responsible for the accuracy of the content, nor will it be held responsible for any work or treatment received from the advertisers. Readers should satisfy themselves of advertisers' abilities before accepting a job quotation or undertaking a course of treatment. All articles & inclusions should be sent as a word, pdf or Publisher file. The editors reserve the right to amend submissions where they feel it is appropriate.

Speldhurst Parish Council - Free online Courses

We are delighted that our application to Kent County Council's Helping Hands Scheme for a £1,000 grant towards the running of Langton Pavilion Community Hub at Langton Pavilion was successful. The Helping Hands Scheme is funded by Kent and Medway Public Health, and we'd like to say a big thank you for their contribution, which will help us continue to provide a space for The Community Hub in partnership with Thrive Langton carry out their important work in providing wellbeing resources to the local community. The Helping Hands Scheme also funds free online mental health awareness training by the mental health charity, Mind. If you attended Thrive Langton's recent events about adult and young people's mental health, we think you'll find these upcoming courses (intended to equip participants with the skills and confidence to address mental health concerns in their communities) really helpful.

You can find links to the Mid Kent Mind website below, and we encourage you to book on to these free sessions if you can.

Everyday Mental Health course - Mid Kent Mind

Youth Mental Health and Suicide Awareness course - Mid Kent Mind

Adult Suicide Prevention course - Mid Kent Mind

A Big Thank You from Speldhurst News

We are very grateful to St. Mary's Church for a recent donation that they have given us. This will support the work we do and offers great encouragement to our team of volunteers. We really appreciate that they view the magazine as we do - as an important part of community life that helps local groups and businesses thrive and survive.

Speldhurst News

What's on in Speldhurst for the Under 5's in May If you are looking for activities with your Under 5's in the village, here are two. Bumps and Babes - coffee mornings for new Mums. We meet fortnightly on a Monday from 10.30am. This month, because of the many bank holidays we will only be meeting once. Do message Jenny if you have a child under 2 and are interested in joining this group. **Praise and Play** St Mary's Toddler Group meets twice a week during term time on Wednesdays (9.30-11) and Fridays (9-10.30) in the church. We start with free play and a craft, then gather for a story and some songs. Arrive when you can, we'll offer you a coffee or tea and a warm welcome whatever the time you come. This group is suitable for all under 5's whether they can toddle or not. Meanwhile if you are new to the village and have pre-school children, or know someone in that position, do get in touch with Jenny on 01892 541200 or 07891318123 or at jenny50fitz@gmail.com

Advertising Role with the Speldhurst News Team

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Speldhurst News is put together and run by a group of volunteers. We produce and distribute over 400 magazines throughout the year. As a non-profit organization we rely on advertising and subscriptions to cover our printing costs. Eric Roughley, who has been managing the advertising section, has decided to retire, so the team is keen to find someone with around two hours to spare a month to help.

The main tasks are encouraging advertisers to place ads, invoicing, collecting money, and managing any postal subscriptions. You will be joining the voluntary team who run the magazine, so we would love to hear from anyone who is enthusiastic and can contribute fresh ideas, ensuring that Speldhurst News remains a popular source of village news and information and helping the village community.

If you would like to find out more details, then please contact David Lamey lameyltd2016@gmail.com



Dear Speldhurst Shop Friends and Supporters

As we fly into April, we have all been the lucky recipients of some truly amazing summer weather with gorgeous bluebell walks and a beautiful Mother's Day with sunshine and blue skies. As our new home is being created before your very eyes, we are grateful that the warmer weather has allowed the works to progress without a weather hitch. More news on that under separate cover. We have to thank our home -grown florist from Stockland Green, Vicky Trifiletti, for her beautiful bouquets she offered for sale in the shop for Mother's Day. There were indeed some lucky Mums that Sunday!

The shop continues to serve you, our community, on a daily basis but should we not have in stock what you require, please do ask. We are a small shop and cannot stock huge ranges, but we will go the extra mile to ensure that we can get what you want. If you don't ask, we don't know. If you are planning a half term or summer holiday abroad, don't forget the shop can supply you with your foreign currency. We have a superb Post Office and it is far easier to pop down the road than struggle into town, especially with the months of road works promised. We can offer both regular bread orders and special requirements for weekends, high days and holidays. Take a look in the freezers, stocked with delicious goodies. We hope to upgrade this facility in the new premises but some of the goods are there already. Did you know we stock frozen "bake at home "croissants?

If you are a user of social media, you may have seen the new entries on Facebook and Instagram showing the progress at the Chapel. These are courtesy of Em Foster who is working to keep every demographic of the village abreast of the progress. If the Speldhurst News is your only avenue to see what is happening at the shop, we are also updating a shop blackboard with current news. This blackboard has news for you and also requests for help in various ways. If you would like to donate some time and expertise on either the Chapel Project or the Shop do pop in and see how you may help. As you may have heard Edward Pinnell will be standing down as Chair of the Community Benefit Society, a role he has undertaken since 2019 when Speldhurst's Community Shop and Post Office commenced trading under community ownership.

Edward and Julie, also a very active volunteer for the shop, are planning to move to pastures new. Edward, along with many other volunteers and our staff, has been instrumental in enabling your shop to remain open and trade successfully. And more recently the project to convert the Chapel into a new Community Shop and Post Office and Social space for the village was, in part, thanks to Edward's energy and enthusiasm. We are very grateful to Edward and Julie for all their hard work.

Volunteers in the shop are an irreplaceable asset to the village, but they all need to know what to do and when to do it. This role has been executed by Jo Eames, a face we all recognise as she runs back and forth to the shop, big smiles and willingness to solve all kinds of last minute "filling in" to ensure all runs smoothly. Jo has decided that this time is the right time to hand over the organising of the Volunteer Rota to another capable pair of hands. We are very pleased that Nikki Walker who already volunteers in the shop will be the new smiley face and take on Jo's role.

We would like to thank Jo for her hard work and enthusiasm. She will still be volunteering in the shop and will be a regular face behind the counter. Another new addition to our shop family is a Safeguarding Officer for the shop and post office. Lisa Maynard has agreed to fulfil this position and has already implemented a number of measures. Please do continue to support your shop. There is a suggestion book at the counter should you wish to suggest your ideas and views on any aspect of your community shop.

Speldhurst Community Shop

Speidhurst Bowls Club If you would like to give bowls a try this year, why not pop along for a free trial session or two. We have a practice/social evening every Tuesday evening (weather permitting) from



5.30pm to 7pm during the season. The 2025 season runs from 5th April when we have our enrolment evening to 20th September, our last match. No previous experience is necessary and no there is no need to pre-book or bring any equipment, just turn up with a pair of flat soled shoes.







Follow us @ speldhurstchapel

Speldhurst Chapel update

Gavin and the team have been very busy demolishing walls and ceilings and bricking up doors and windows for our new space. With such an old building it was inevitable that we would find some damage. The main issue we found was in the floor. There were lots of rotten bearers that have now been replace with concrete ones that will last a lifetime. We also treated the floor for woodworm. Insultation has been laid and a brand new structural floor will provide a flat surface across the whole building. The stock room will be accessed seanmlessly from the shop floor. No more stairs!



A vital part of the build is to bring the current building up to the 21st century with lots of insulation. The floors and the external walls are being insulated to satisfy building regulations as well as keeping us cool in the summer and warm in the winter, and keeping our bills down.



The walls at the back of the building have been taken down to create our new stock room. The internal chimney breast has been removed and the stack reinforced with block work. The rafters in the stock room ceiling have been repaired and renewed so we can create some roof space storage above the stock room. Even our Christmas Tree will have a new home!

Any questions please contact Lynsay.bischoff@gmail.com



Penshurst Village Hall 22nd 23rd and 24th May £10 or £18 with fish and chip supper

Doors open 6.30pm Curtain up 7.30pm

Tickets: Sue 01892 770104 /07778 495620 www.penshurstamdram.co.uk Blackham Village Hall 29th May £8 30th and 31st £10 with refreshments

Doors open 7.00pm Curtain up 7.30pm

Tickets: Tony 0777 925 3995 www.blackhamcountryplayers.co.uk

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MARKET SATURDAY 3RD MAY 10.00AM TO 12.15PM

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Garden & Allotment News



Australian Flatworms: Seen These Little Nasties?

Just the other day, I found 6 Australian flatworms on my allotment. I'd not even heard of them until recently. And I know from comments of neighbours, they have now been found pretty much all over the allotments.

On the allotments, we take pride in growing healthy produce in rich, living soil as well as maintaining a good biodiversity. But the Australian flatworms are a threat that could undermine all that hard work – and not just on the allotments. Australian flatworms are not pleasant to look at, they are slender, soft-bodied invertebrates, often measuring between 5 to 10 centimetres in length. Their distinctive reddish-brown colour with a paler underside gives them a striking appearance, especially when contrasted against garden soil.

Active mainly during cool, damp conditions, they are nocturnal and often hide under pots, stones, or in compost during the day. The primary threat posed by Australian flatworms is their diet: earthworms.

Earthworms play a crucial role in soil health by aerating the earth, recycling nutrients, and improving drainage. By preying on them, Australian flatworms undermine the natural balance of garden ecosystems. The result can be a noticeable decline in earthworm populations, leading to long-term degradation of soil structure and fertility.

Many birds, hedgehogs, and other wildlife depend on earthworms for food. A decline in worm populations can have a ripple effect, affecting the broader balance of biodiversity in and around the allotments.

But what can we do about them?

Controlling their spread is challenging. These flatworms are reported to be highly resilient and can regenerate from small body fragments, making them difficult to eradicate once introduced. If found, they should be removed carefully and disposed of either by sealing them in a plastic bag and freezing before discarding in the bin – never composted – or 'drowning' them in salty water. While the full impact of Australian flatworms is still being studied, their presence is a reminder of the unintended consequences of species introductions. By staying vigilant and working together, we can help stop the spread of this invasive species and protect the health of our soil – and our harvests and biodiversity – for years to come.

If you are interested in these topics / types of discussions, there is a Facebook page where we go into this type of stuff. It is called Speldhurst Allotmenteers & Gardeners and the web address is: https://www.facebook.com/groups/305824050847755.

Nature Watch

In March we had some warm dry weather at last and the natural world responded by catching up with flowers and Butterflies on the wing. Now we have the summer to look forward to, lots of wild Flowers and hoards of insects of all types, Woods will have Bluebells, mixed with the White of Wild Garlic or Ransoms to give another name for this plant, usually found in damper parts of the wood. The first of the Orchids, the Early Purple, will be in flower. These are often found in Woodland with Bluebells.

The Bittern, according to the RSPB is on the up after nearly becoming extinct in the 1990s, with only 11 males heard with their booming call. After a lot of work restoring reed beds across the country over the years, last year 238 booming males were heard. Its been a steady increase over the years, even if you know where they are breeding it is not an easy bird to



see but well worth the effort. It looks like a brown streaky Heron. In Kent, Elmley and Dungeness RSPB reserves and in Rye Harbour, booming males can be heard. By helping this one bird it also helps all other birds that use

Reed beds like Bearded Tits, Reed Warblers which also helps the Cuckoo that lays its eggs in their nests as well as many different insects, which makes this an important trend.

On to Butterflies and Butterfly Conservation are upset by the latest figures for last year. Here is the data which has been received from its surveys. Newly released it shows that 2024 was one of the worst years on record for butterflies in the UK and, for the first time on record, more than half of butterfly species in the UK are now in long-term decline. Worryingly, last year was also the second-worst year on record for 'wider countryside species' – the common butterflies that live in gardens, parks and across the landscape such as, Gatekeeper, Large White and Common Blue. This summer, they are asking us to make a promise to butterflies and moths. Will you put away the lawnmower and let some grass or vegetation grow long - all the way from April to September? It's simple: don't mow all your lawn between April and September. This is the most important time of year to have long grass because it's when most caterpillars feed and adults shelter, breed, lay eggs, and drink the nectar from flowers. Plus no pesticides or herbicides or as little as possible.

Alan Ford

NEWS FROM SPELDHURST PARISH COUNCIL



The 2025 KALC Community Award & Our Annual Parish Meeting - Monday

19th May, Ashurst Village Hall Each year, we look forward to presenting the KALC Community Award at our APM. This award celebrates those who have contributed significantly to their local community. In 2024, we presented it posthumously to Langton Green resident Josie Gamble in recognition of her kindness and organisational skills, which enriched the whole community, from the church and



toddler group to community lunches and the village fete. Josie's husband Mark accepted her award, a touching moment for everyone present.

As this year's meeting will have an environmental theme, we will present the award to someone who has dedicated many years to the protection of wildlife and the countryside and the promotion of biodiversity in Speldhurst Parish. We hope you will join us to see them collect their award.

Along with the presentation of the KALC award, you can hear from our guest speakers, Tunbridge Wells Borough Council's Landscape and Biodiversity Officer, David Scully, and Tree Officer, Rhodri Jones. We also look forward to sharing all we're doing at the parish council to tackle environmental issues like biodiversity, EV charging, and recycling.

There will be updates from our Planning, Highways, and Amenities Committees, too, plus an overview of how we will spend this year's precept.

Join us from 7.00 pm for a drink, meet our parish <u>councillors</u>, and browse our displays of recent biodiversity projects. The meeting will start at 7.30 pm.

Speedwatch - Can You Help?

Statistics show Speedwatch sessions really can reduce speeding when frequently undertaken; this was certainly the case when we ran regular sessions on Barden Road. Unfortunately, our Speldhurst Speedwatch coordinators are no longer able to organise sessions. We are keen to get Speedwatch back up and running again, so whether you are already a volunteer or are new to Speedwatch and want to help lower speeds in the village, please contact our Clerk for a chat about what the coordinator role involves. The commitment only needs to be a couple of times a month!

Deer Sightings – A Reminder

Following reports of near misses and collisions with deer on Groombridge Hill, we asked Kent County Council to install a deer warning sign, but they said they require more data about how many deer and how frequently they are seen before proceeding. So please help by letting us know when you next see deer in Groombridge (or other parts of the parish). Even better if you have a passenger who can safely take a photo. Our contact details are below.

Book Langton Green Pavilion

Do you have a party, workshop, training course, or other event coming up for which you need a venue? Together with all the great village halls in our parish, the pavilion at Langton Green Recreation Ground makes an ideal place. Although it is booked out to Langton Pavilion Community Hub and Langton Green Community Sports Association at certain times, it is still worth contacting us directly if your booking inquiry falls within these times, as it might be



possible to offer availability with their agreement. Find out more at our website: <u>www.speldhurstparishcouncil.gov.uk</u> on the 'Book our Pavilion' tab.

Full Council Meetings - Everyone Welcome

7.30 pm Tuesday 6th May, The Pavilion, Langton Green Recreation Ground Annual Parish Meeting 7.00 pm Monday 19th May, Ashurst Village Hall

To Contact <u>The</u> Parish Council: Call the Clerk, Katie Neve: 01892 862927/07760 769513 or email <u>clerk@speldhurstparishcouncil.gov.uk</u> For helpful information, visit <u>www.speldhurstparishcouncil.gov.uk</u>

Speldhurst CEP Primary School News

Anyone watch the latest series of the Apprentice? Well, last term, a group of Year 6 entrepreneurs from Speldhurst School had an opportunity to develop their own business idea as part of the annual Junior Enterprise Scheme. It may not have been television, but I bet Lord Sugar would have been im-

Held at Beechwood School, the aim of the event was to introduce children to

marketed it, including filming a short advert and giving a PowerPoint presentation as well as representing it at a trade fair organised on the day. Their idea was a 'Winnie the Pooh' roller coaster and although they were up against tough

competition, they came away with third place and a lot of life lessons learnt. Congratulations to all involved. You're hired!

Meanwhile at the younger end of the school, KSI children made Easter bon-

nets. Imagination and ambition were demonstrated in their creations which they paraded round Speldhurst as proud parents and village residents looked on.

pressed at way they handled their task.

the concept of product design and marketing. The task involved mapping and creating a product from junk material. Then they priced and

Speldhurst School has a close long-standing connection

with St Mary's Church, particularly at important times in the Christan

calendar such as Easter. The older KS2 pupils had a chance to reflect on the meaning of Easter at a special service and were each given a 'palm cross' to take home to remind them of the Easter message long after all the chocolate eggs have been eaten!











Chocolate may be tempting to adult and child alike but so is the healthy and delicious food which children are learning to cook with the return of the aptly named Cooking Pioneers who provide regular cooking classes. Last term the children made pasta salads, pate, summer puddings and smoothies (recipes on the Pioneers website) and also learnt to use kitchen utensils and appliances safely.

If this month's article has had a theme, it is about life lessons and skills, whether personal, practical or entrepreneurial efforts as a team. Even

though Speldhurst is a comparatively small school, it has a record of success in sport – and perhaps more importantly for determination and resilience. Take the netball team for example who after loosing by two goals to St James, went on to win 8-3 against St John's in what was described as a 'very entertaining game'



And finally a gallery of Year 6 work, including coil pots made in the Mayan tradition, beetleinspired mixed media art (who thought creepy crawlies could be so beautiful) and a tray of chocolate truffles – Yes! Life really is 'just a box of chocolates'!!!







SARA ANDREW COMMUNICATIONS GOVERNOR

Don't miss the beautiful Bluebells.....





Quilting group at Speldhurst Village Hall every Friday at 10-1pm

Come and join us Contact: darbreeze@hotmail.com



Cancer charity launches a fundraising appeal as it looks to expand and move into new home

The Pickering Cancer Drop-In Centre is celebrating its 21st birthday this year and - as tradition dictates- is hoping to get its very own 'key to the door' with new and larger premises in the heart of Tunbridge Wells.

Named after the late local oncologist, Dr David Pickering, the drop-in centre provides a safe, friendly and homely space for anyone impacted by cancer, as well as their friends and family. It is entirely self-funding, run solely by volunteers and relies on donations to survive.

Last year around 2,500 people turned to Pickering for help and support with therapists providing 1,000 treatments. And at Pickering everything is free of charge.

The charity originally opened its doors at the Homeopathic Hospital in Tunbridge Wells in November 2004 and moved into its current home in Monson Road in July 2007. While that building has provided 'a warm and cosy hub' for its visitors since then, now is the time for Pickering to 'come of age' and move to a centre that is larger and more suitable to the needs of its visitors, as well as being more accessible.

A new Centre will help the charity to enter its next stage of life on a firm footing. For this to become a reality and for its visitors – and their friends and family – to continue benefiting from the support Pickering provides, the charity has set a goal of raising £150,000 during 2025.

The Pickering Cancer Drop-In Centre will be holding a number of events in 2025 but is also encouraging the community to support the 'Key to the Door' appeal. To raise funds for the charity visit JustGiving: <u>https://www.justgiving.com/campaign/ keytothedoor</u>



St. Mary's Church, Speidhurst | St. John's Church, Groombridge | St. Martin's Church, Ashurst

May 2025

4th May

10am	Holy Communion and Baptism at St Mary's, Speldhurst	
11am	Matins at St John's, Groombridge	
4pm	Afternoon Worship Matins at St Marin's, Ashurst	
11th May		
10am	Morning Worship at St Mary's, Speldhurst	
11am	Holy Communion (BCP) at St John's, Groombridge	
18th May		

8am	Holy Communion (BCP) at St Mary's, Speldhurst
10am	Holy Communion at St Mary's, Speldhurst
10.30am	Rogation Service at St Marin's, Ashurst

25th May

10am	All Age Worship at St Mary's, Speldhurst
11am	Holy Communion at St Martin's, Ashurst
6pm	Evensong at St Mary's, Speldhurst



The Church Office can be contacted on 07960296027 or admin@speldhurstchurch.org www.speldhurstchurch.org facebook.com/StMarysSpeldhurst/



St. Mary's Church, Speldhurst | St. John's Church, Groombridge | St. Martin's Church, Ashurst

Register for April 2025

Funerals and burials

8th AprilPamela Ann Hughes, at St Mary's Speldhurst15th AprilMarjorie Hyder, at St John's Groombridge



Weddings

12th April Dale Hillhouse & Phillipa Cooney, at St Mary's Speldhurst



A Letter from St Mary's



Let your kingdom come

As I sit down to write this piece, world stock markets are falling like stones in response to the US governments imposition of tariffs. Governments and investors are scurrying around to save their economies and investments, and manufacturers are hastily reassessing their margins, as everyone waits to see what will happen next.

As if that isn't enough to unsettle things, the war in Gaza seems to be reigniting, and the leadership of Ukraine has no idea whether they will have enough support from western allies for the months ahead.

What the situation will be in any these theatres as you read this article, I have no idea.

These are indeed unsettling times. The world order we have been used to over the last few decades, has been shattered by the incoming US president. It would be easy to feel helpless and hopeless, whether you are concerned for your investments or pension or for the toll on human life in countries devastated by war.

Jesus' first century disciples must have been feeling equally devasted when the new world order, they thought was being heralded as Jesus' ministry unfolded, appeared to come crashing down with his crucifixion. But as was proclaimed throughout the world on Easter Sunday, Jesus is not dead. He is risen. The hope his followers thought had died with him, was not lost. In fact, all that he had been teaching them during his three-year ministry made much more sense now he was risen.

In the Lord's prayer Jesus taught us to pray for God's kingdom to come here on earth. For us to be able to experience the hope of a life with him here and now. This is the hope that Christians hold onto when things of this world threaten us. This is the same hope which enabled his disciples to continue to teach in his name, when he left them and ascended back into heaven. It is why, even though the news around us can seem unsettling and overwhelming, Christ's resurrection assures us of God's love for each one of us as we pray, Lord, let your kingdom come. A sentiment so profoundly illustrated by this modern hymn – https://youtu.be/mA2q295l9A0?si=tJaNJAvylyoUIFni

Jenny Fitzsimmons Lay minister at St Mary's Church

SPELDHURST VILLAGE CLUBS & ORGANISATIONS

Age UK Lunch	Jan Mann	863931
Allotments	Mark Oddy	862746
Beavers	Jo Smith	518706
Bowls Club	Debbie Moon	861317
Bridge Club	Heather Hughes	863367
Brownies	Louise Scott	862972
Bumps and Babes	Jenny Fitzsimmons	541200
Cricket Club	Ed Wesson	07799 731247
Junior Cricket section	Francis Booth	07738474144
Cubs	Karol Leeves	531104
Flower Show	Iain Fenn	864908
Football: Speldhurst Rangers	Ollie Crees	07919467576
GP Surgery		863040
Guides	Sybil Oddy	862746
Library	Pat Carter	861646
Men on Wednesday	John Perkins	863239
Mothers' Union	Christine Baker	540793
Mothers & Toddlers	Jenny Fitzsimmons	541200
Nursery School		07984 793 974
Parish Council: Chair	Paul Curry	07515 938765
Vice Chair	Katrina Lyle	862070
Parish Clerk	Katie Neve	862927
Parish Councillors	Richard Ellery	864077
	Alan Rowe	863404
Police Community Support Officer	Laura Horn	
Primary School	Stephanie Hayward	863044
Rainbows	Alex Brown	
	speldhurstrainbows@gmail.com	
Recreation Ground	Ed Wesson	07799 731247
Running Group	Paul Eames	07975 577630
Speldhurst Association of Men	Brian Tasker	862301
Snooker Club	Nick Fenton	864144
Speldhurst Art Exhibition	Maria Turner	863394
Speldhurst News Editors	Maria Turner	863394
	Judith Malim	864268
	Andrea Burgess	863362
Speldhurst News Advertising	Speldhurst.News@gma	ail.com

St Mary's Church Rector	vacant	07960296027
Administrator	Rachael Foster	524793
Stoolball	Donna Burden	07810 048599
Scouts Shop & Post Office Village Fete: Chair Village Hall Village Website Walking Group	Nick Burgess Dima Taran Mike Harrowing Rachel Bourdin Miranda Hawkins Brian Tasker	07810 048399 07773044374 862824 0772 5561154 07766 830303 863601 862301

Opening Hours & Local Information

Buses	Timetables for bus 285 Speldhurst to Tun Wells - Hams Travel 01580 879629 For info: https://hamstravel.com/services
George & Dragon PH:	Mon-Thurs & Sun midday to 10-00pm. Fri & Sat midday to 11-00pm. 01892 280494
GP:	Mon - Fri 8am-6pm Tel: 01892 863040
Dispensary:	Mon - Fri 8.30am-1pm; 2.30-6pm (dispensary calls 8.30-11.30 only)
Library (village hall):	Monday 2-4.30pm.
Shop: Post Office:	Mon-Fri 7.30am-5pm; Sat 8-1pm; Sun 9-11 Mon-Fri 9am-5pm; Sat 9-1pm; Sun Closed

To advertise please email

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<u>ANTIQUE CLOCK REPAIRS AND RESTORATION:</u> John Mathieson MBHI, West Dean/BADA Diplomas - 01732 359006 www.clockcare.co.uk.

GREAT GARDENS: Tim Welch HND MCI Hort.

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<u>**GUITAR TUITION</u>**: All ages welcome. Are you starting from scratch or stuck in a rut? Jonathon's Guitar Studio can help. For further details, ring Jonathon - 07900 825495.</u>

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